

## Tending the Soil to Tend the Plants

### Lessons from regenerative agriculture for California native plants

San Gabriel Mts. Chapter, CNPS October 28, 2021

Look below links list for draft seed list.

Las Pilitas mycorrhizae/frankia pages:

Qverview: <https://www.laspilitas.com/classes/classnot.htm>

Mycorrhizae: <https://www.laspilitas.com/easy/easyroots.htm>

Oak mycorrhizae: <https://www.laspilitas.com/classes/mycorrih.htm>

Frankia & natives: <https://www.laspilitas.com/classes/Frankia.html>

<https://www.laspilitas.com/advanced/nitrogen-fixing-roots.html>

San Onofre Restoration

[http://www.landandwater.com/features/vol42no4/vol42no4\\_1.html](http://www.landandwater.com/features/vol42no4/vol42no4_1.html)

also Reifner et al. 1998

Inspirations:

David Montgomery, Gabe Brown, Dr. Christine Jones, Dr. Kris Nichols, Ray Archuleta, Dr. Jill Clapperton, Dwayne Beck, Jay Fuhrer, Dr. James White, Jena Experiment, Dr. Elaine Ingram

*Dirt, Growing a Revolution, The Hidden Half of Nature*, David Montgomery

<https://www.youtube.com/watch?v=FZ22IV2tDvs>

*Dirt to Soil*, Gabe Brown, the video/slide quality isn't perfect in this particular youtube, but very understandable and I like this talk to start with. All his talks are great.

<https://www.youtube.com/watch?v=ExXwGkJ1oGI>

Dr. Christine Jones video showing net farm income, also recommend her talks:

Living Carbon Pathway, Quorum Sensing in the Microbiome, The Nitrogen Solution, the Phosphorus Paradox, find her at <http://amazingcarbon.com/>

<https://youtu.be/NqV1b4ps-sE>

Jena Experiment, there is a cute, short youtube also:

<http://the-jena-experiment.de/>

Dr. James White, Endophytes, Rhizophagy (Plants eat bacteria!): is also informed by study below: Paungfoo-Lonhienne C et al. 2010. *Turning the Table: Plants Consume Microbes as a Source of Nutrients*.

PLoS ONE 5(7): e11915, doi:10.1371/journal.pone.0011915

[https://youtu.be/yMr3\\_tGeAu8](https://youtu.be/yMr3_tGeAu8)

<https://microbiometer.com/wp-content/uploads/2021/03/White-Rhizophagy-Conference-Slides-SoilandNutritionConferenceNov52020-reduced.pdf>

Ray Archuleta video (Living Web Farms) showing slake test no-till vs organic tilled; recommend this series. I did not screen capture the organic vs. no-till, but the outcome is surprising.

<https://youtu.be/nNMdWnfjs8s>

Dust bowl land changes: I was going to put in more about this, but I didn't – mostly why tillage stops rain and see below. <https://news.unl.edu/newsrooms/today/article/land-cover-changes-likely-intensified-dust-bowl-drought/> Trees make rain: rabbit-proof fence photo: <https://www.eol.ucar.edu/content/bufex-article-nyt> <https://www.learningfromnature.com.au/drought-proof-increasing-rainfall/>

Root Derived Carbon Sequestration image

<https://ecosoil.co.za/soil-health-principles/soil-building-process/>

Films about regenerative agriculture:

*Carbon Cowboys* (available on youtube)

<https://carboncowboys.org/films-top>

*Kiss the Ground*, Netflix

<https://kisstheground.com/>

### Answers to questions:

1) Any mulch that hasn't been composted with manure is ok. I like shredded Redwood for fire zones. In theory, fungal compost (google Johnson-Su) may work, but is intended for row crops

2) **Draft list** of what to plant as seed with your planted natives from pots for SoCal, to be revised.

**The goal is to get at least 8 families** (not just 8 genera) **into the mix!** 16 is probably better.

**Easiest choice: TPF Rainbow Mix**, or a mix of the following. This list is also based on availability of larger qtys. of seed.

*Eschscholzia californica*

*Bromus carinatus* (a short-lived perennial grass or you can put in any perennial grass from pots)

*Phacelia distans*, or *P. tanacetifolia*, *P. ciliata*

*Acmispon glaber*

*Amsinkia* sp.

*Linum lewisii*

*Clarkia unguiculata*

*Layia platyglossa* or any

*Gilia* sp.

*Achillea millefolium*

*Delphinium* sp.

*Lathyrus* sp.

*Penstemon* sp.

*Lupines*, but in smaller qtys.